Patient Name:	Date:				
WHODAS 2.0	(12-item :	version, se	lf-administe	red)	
World-Ḥealth Organ	ization Di	sability As	sessment Sch	nedule 2.0	
This questionnaire asks about difficulties due	to healtl	n condition	ns. Health co	nditions ir	nclude diseases or
illness, other health problems that may be sl	nort or lor	ng lasting,	injuries, mei	ntal or em	otional problems.
In the past 30 days, how much difficulty did y	ou have i	n:			
	None	Mild	Moderate	Severe	Extreme/cannot do
Concentrating on doing something for ten minutes?	1	2	3	4	5
Walking a long distance such as a kilometer (or equivalent)?	1	2	3	4	5
Washing your whole body?	1	2	3	4	5
Getting dressed?	1	2	3	4	5
Dealing with people you do not know?	1	2	3	4	5
Maintaining a friendship?	1	2	3	4	5
Your day-to-day work?	1	2	3	4	5
Standing for long periods such as 30	1	2	3	4	5
minutes?					•
Taking care of your household	1	2	3	4	5
responsibilities?					
Learning a new task, for example, learning	1	2	3	4	5
how to get to a new place?					
How much of a problem did you have joining	1 1	2	3	4	5
in community activities (festivities, religious,		İ		ļ	
or other activities) in the same way as anyone else can?		İ			
How much have you been emotionally	1				
affected by your health problems?	1 1	2	3	4	5
areaced by your neutri problems:	<u> </u>				
				Total S	Score
Overall, in the past 30 days, how many days					
vere these difficulties present?	Record number of days:				
n the past 30 days, for how many days were					
ou totally unable to carry out your usual					
ctivities or work because of any health					
ondition?	Record number of days:				
the past 30 days, not counting the days					
nat you were totally unable, for how many					
ays did you cut back or reduce your usual					
ctivities or work because of any health					
ondition?	Record n	umber of a	days:		